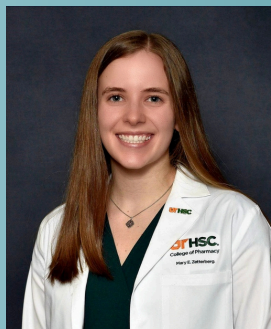


APhA-ASP Regional Officer Elections

Candidate for Midyear Regional Meeting Coordinator - Region 3



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Previous Leadership and Experience

During my time in pharmacy school, I have had the privilege of gaining leadership experience through APhA Academy of Student Pharmacists (ASP) at the local level for the first three years of my pharmacy school journey.

In my P1 year, I served as Member at Large for the APhA-ASP chapter at the University of Tennessee Health Science Center College of Pharmacy. In this position, I helped plan a fundraiser for student scholarships, plan a service event educating patients about the importance of HIV testing and PrEP in high-risk situations, and assist with other leadership projects happening with the executive committee. This position allowed me to gain insight into APhA-ASP and the importance of service, advocacy, and professional development available within the organization. At the end of my P1 year, I was elected as Chapter President-Elect for my school's chapter of APhA-ASP, and I served in this position until the end of my P2 year. In this position, I worked with the Chapter President to plan fundraisers and learn how to lead my school's chapter. I was also able to lead the Members at Large across three campuses and help them gain a better understanding of APhA-ASP.

I am currently a third-year student pharmacist and serving as the Chapter President of APhA-ASP at my school. In this position, I lead weekly executive committee meetings across three campuses, plan social events, lead monthly general body meetings, and communicate information to students about membership, advocacy, and all things APhA-ASP!

My time with APhA-ASP has shown me the importance of communication and teamwork. My school's chapter operates in three cities and two time zones, so a majority of our communication is electronic, whether through email, zoom, or phone calls. This can at times be a challenge, but I feel it has strengthened my ability to communicate with others. As a regional officer, I will be responsible for communicating with student pharmacists from a variety of schools, mostly via email. My experience communicating electronically will help me excel with communication across a larger geographic region.

As Chapter President, I have worked hard to think innovatively about ways our chapter can increase member involvement. This has included encouraging more social events across all three campuses and changing the chapter's operating procedures to allow for an equal opportunity for leadership across the state. This innovative thinking can be utilized as a regional officer as I implement ways to improve the Midyear Regional Meeting and bring a greater sense of unity across the region.

Through my leadership experience, I have also learned to delegate tasks and responsibilities and understand my weaknesses. This is a difficult challenge, but I feel it has helped me grow stronger in my leadership capabilities. Being aware of my own strengths and weaknesses allows me to understand what I can and cannot accomplish. This will benefit me in the role of Midyear Regional Meeting Coordinator as I work with others and take the initiative to accomplish goals.

These experiences have equipped and empowered me to advocate for the profession of pharmacy. Whether it is through working with a team, thinking innovatively, or delegating tasks, all of these skills can help me in a regional officer role lead student pharmacists to become better versions of themselves.

Talents and Skills

In addition to my experience leading my school's chapter of APhA-ASP, I have experience through participating in a dual degree program, where I am earning my PharmD and MPH simultaneously. Working on this additional degree has taught me to manage my time wisely. This time management is important as a regional officer candidate because of the additional workload and responsibility it will bring. As I have taken public health courses, I have also grown a better understanding of and appreciation for various health partners. Being a Midyear Regional Meeting Coordinator would help me utilize the knowledge I have learned in my public health courses to better the field of pharmacy and empower student pharmacists.

Amidst my busy schedule of the dual degree program as well as working part-time, it is imperative I remain organized. I am able to create schedules and to-do lists that keep me on track and ahead of schedule. This will be beneficial as a Midyear Regional Meeting Coordinator as I balance academics with the responsibilities of this position.

As with any leadership position, there will be times when I am faced with making a decision. My past leadership experiences have equipped me with the ability to think of solutions and make decisions quickly. Being able to quickly reason through different options and make an informed decision will benefit me in this position as I encounter different options. I look forward to being a voice for student pharmacists and making decisions that benefit as many as possible.

Plans as a Midyear Regional Meeting Coordinator

Through my time as a student pharmacist involved in APhA-ASP, I have witnessed the power of unity and teamwork within the organization. As the Midyear Regional Meeting Coordinator for Region 3, I hope to continue to bring unity to this organization. I plan to do this by incorporating regular communication across the region.

I will be open to hearing advice and constructive feedback from others to better APhA-ASP and Midyear Regional Meeting. I will be welcoming and diligent with communication and serve as an accessible resource to student pharmacists in the region.

I am innovative and ready to partake in this position with a fresh mindset in the hopes of strengthening the Midyear Regional Meeting. I will do this successfully through being persistent in my work, managing my time well between academics and the responsibilities of this position, and creating an open availability for communication between myself and student pharmacists in this region. I will advocate for student pharmacists and ensure their voice is heard through the programming and events planned.

If elected Midyear Regional Meeting Coordinator, I will work hard to promote participation in all three options MRM offers. My chapter has chosen the virtual campus option for the past two years. This experience has helped me learn how to communicate with other chapters in regard to collaborating with them. I have been to APhA conferences in person, including the Summer Leadership Institute in 2023 and the Annual Meeting in 2024. Attending these in-person conferences has equipped me to understand the process of APhA conferences. Having experience with in-person and virtual APhA conferences will equip me to be a readily accessible resource to student pharmacists in my region. I plan to engage in regular communication across the region to allow students to engage with one another before, during, and after the Midyear Regional Meeting. I will encourage participation in future MRMs by sharing my positive experience and beginning communication about the upcoming conference early.

As I plan the Midyear Regional Meeting, I will be a voice for student pharmacists. I will listen attentively to what they hope to get out of this conference and then bring those ideas into fruition through programming and resources available. I will stay organized as I communicate with speakers and other coordinators and stay on track with a schedule.

I will innovatively incorporate additional networking and professionalism events that can benefit both students in-person and students participating virtually. This can be done through encouraging chapters to collaborate with one another if choosing the virtual campus option, planning session geared towards professional development, and developing resources for chapters to use as they prepare for the meeting to enhance involvement and interest.